



Brooke Shields Up Close & Personal with

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>With thousands of participants attending, Tupperware's annual Jubilee Convention was held at the Rosen Shingle Creek. Brooke Shields, making a guest appearance as spokesperson for Tupperware's Chain of Confidence campaign, took some leisure time before the event to flip through Orlando Style Magazine to find a few dining venues during her stay in our fair city. Being the spokesperson for a global networking initiative for women from various walks of life allows Brooke Shields to reach out to girls in need of guidance and support. Herself a successful career actress, Brooke is also a wife and mother-offering lots of advice to women who find it difficult balancing the challenges life presents them.

Q: As the spokesperson for Tupperware's Chain of Confidence campaign. Can you tell us what this campaign is about?

Brooke: The chain of confidence is a campaign that Tupperware started and the idea of it is to empower and educate women to allow them to reach their full potential. It is basically what Tupperware has stood for since the beginning. We have now gone global which is amazing and Tupperware themselves has supported the Boys and Girls club and they also contribute to the S.M.A.R.T girls program which is a program that supports young women and gives them the courage to go to someone to ask questions and get help. We needed something to put that into context, to say this is important. We need to focus on the relationships that women have with each other and how empowering that is and how they can grow from that.

Q: What are the most benefiting skills that you believe girls and women can gain from this campaign as far as building their character and things of that nature?

Brooke: When you don't put limits on your potential. I think character is the idea of confidence, the idea of believing in yourself, and the idea of saying this is not about no, you can't achieve this, no, you can't get there, no, you don't deserve this. It is something that the Chain of Confidence tries to eliminate and says you know what; you are capable of a lot more. It is okay to ask for help, it's okay to be scared, and it is okay to want more.

Q: What is the most effective way to reach out and actually touch the lives of these girls?

Brooke: Well, we have a camp confidence which is a virtual camp where girls can log on and ask questions about sex, abuse, and whatever else they need answers to. The S.M.A.R.T girls program is another. All you have to do is log on and read the stories, it's all planned out.

Q: Having daughters of your own how do you find the time to balance being a mother and a wife and a career woman? A lot of our readers are professionals in that position what kind advices can you give them?

Brooke: It's a daily balancing act. I know we always feel guilty and we always feel like it's not enough. I know I'm a better person because I have a job, it's my own thing and that empowers me to be a better woman, a better wife, a better mom, a better every-

thing. A perfect example, this morning I got up, went to the water park, stood in line with the little ones, got on all the rides, and now I'm exhausted! But you know, we do it. We are capable of many things. You have to find that balance and energy every day.

Q: How do you plan on expanding this campaign, are there future plans to reach out to more countries?

Brooke: I believe it's going to continually grow. The fact that it has gone global in just a short amount of time is really extraordinary. Many countries have already been included and the growth potential is just incredible.

Q: Any future plans for movies, television, anything in the works right now?

Brooke: I'm currently doing a children's movie with Brandon Fraser and it's about animals. It's called "Furry Vengeance" and I get to play Brandon's wife.

Q: When can we expect the film to be released?

Brooke: I'm thinking early next year, maybe April 2010.

As we examine those in-the-public-eye personalities volunteering their valuable time and finances to advance the general health in a society so in need of assistance, we salute Brooke Shields for her tireless efforts in promoting the strength that women need to portray in their quest to achieve the desired self-esteem required to excel at all levels in their life.<

